

0845 686 1540

Instructions for Collection of Semen Samples

Telephone 0845 686 1540 to arrange an appointment for your test

Please be sure you have your pathology request form with you. Without it the analysis cannot be done.

DO NOT CONTACT any of the Surgeries with any queries, they will not be able to help you, please telephone Women's Health UK on **0845 686 1540**

Please read and follow these instructions carefully

1. Samples should be delivered to the Clinic within 40 minutes of being produced, to ensure an accurate analysis.
2. Specimens should only be collected after 3 days abstinence from all sexual activity (ejaculation) to ensure the optimum sperm count.
3. Collect complete ejaculated sample, by masturbation into a sterile 60ml container (provided with request form).
4. Do not collect the sample into a condom as this may kill the spermatozoa.
5. Keep the sample at body temperature (e.g. in a pocket).
6. Write your name, date of birth and time of collection onto the specimen container.
7. Take the sample to the Clinic at the arranged time.
8. Give in your request form from the GP/consultant, when handing in your sample, to ensure the results are forwarded to the correct place. Please arrange an appointment with your referring GP/Consultant for your results. We endeavour to get the results to them within 1 week of your test being carried out.
9. **Results should be obtained directly from your GP/Consultant.**

If you have questions regarding semen analysis test please contact the office where we will be able to assist you with any questions/concerns that you may have.

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Website: <http://www.womenshealthuk.co.uk>

Email: info@womenshealthuk.co.uk